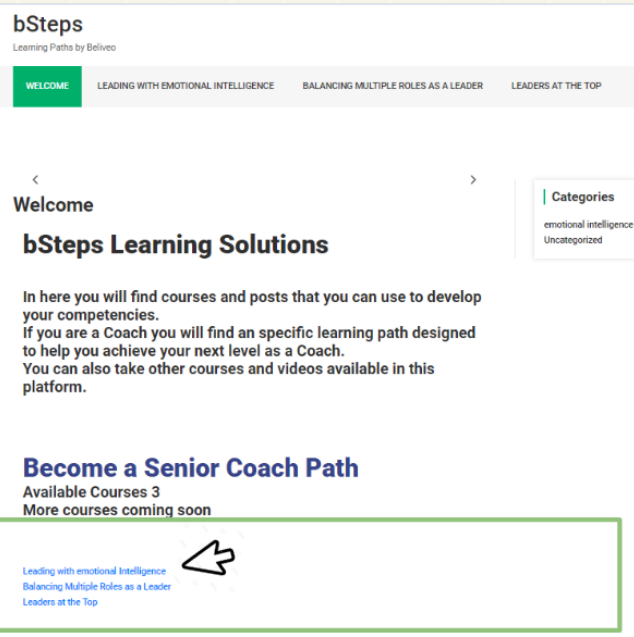


HOW BSTEPS WORKS?

A guide to start YOUR development.



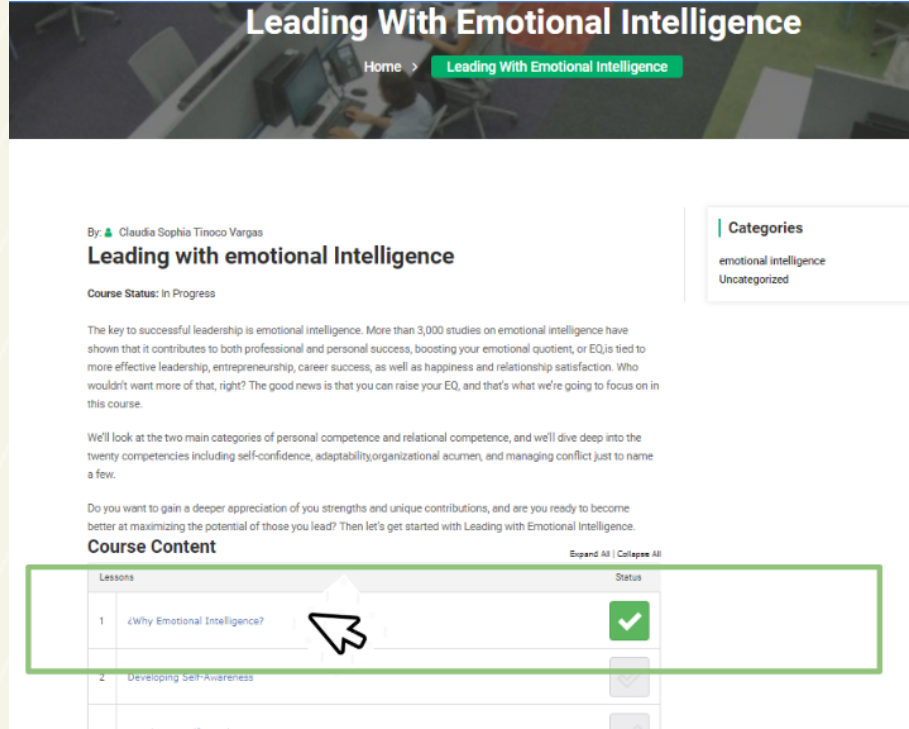
STEP 1

CLICK ON YOUR FIRST COURSE. YOU CAN FIND THEM BELOW THE "BECOME A SENIOR COACH PATH" SECTION

STEP 2

ONCE YOU'VE CLICKED ON IT, THE INTRODUCTION OF THE COURSE WILL BE DISPLAYED AS WELL AS THE COURSE CONTENT.

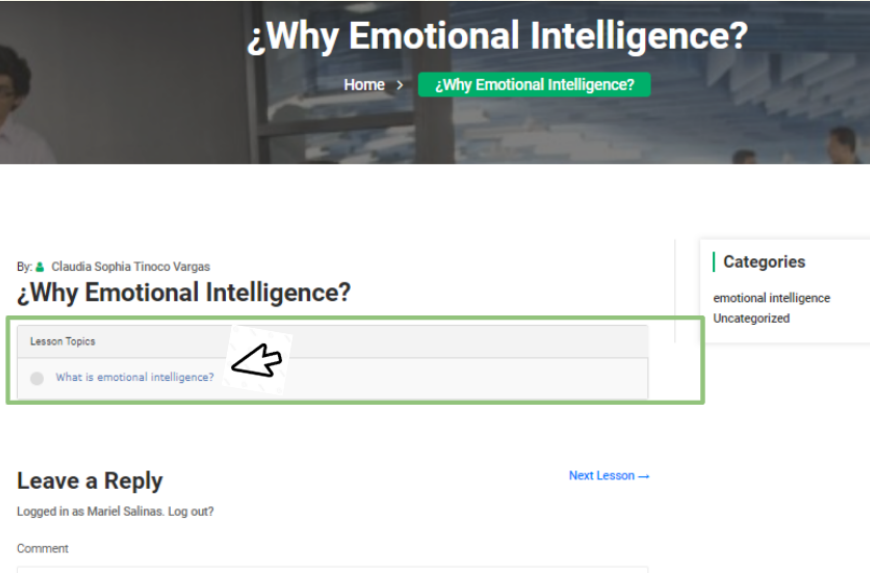
CLICK ON THE FIRST LESSON.



STEP 3

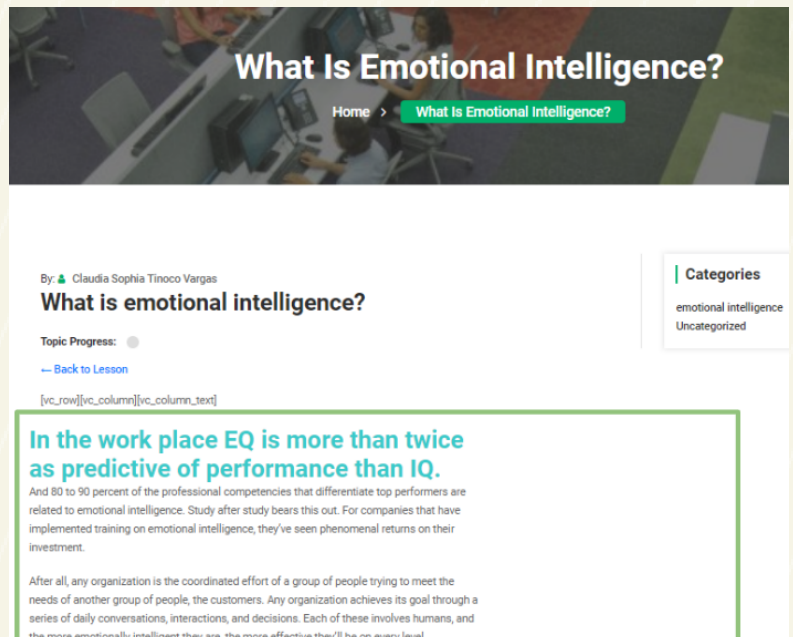
THIS LESSON WILL SHOW YOU TOPIC OR TOPICS

CLICK ON THE TOPIC.



STEP 4

NOW YOU CAN READ THE TOPIC OF THE LESSON.



the personal competence part of emotional intelligence first.

Now let's move on to relational competence.

The third quadrant is our awareness of others. This includes their emotions, strengths and weaknesses, as well as their individual needs, preferences, values, and other aspects of diversity.

Finally, the fourth quadrant is building relationships and has to do with how we utilize our awareness of others to maximize their potential and our relationship.

Within each of these four quadrants, there are twenty total competencies. We'll be going through them in detail in this course.

[vc_column_text]/

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STEP 5

WHEN YOU FINISH READING YOU WILL FIND THE BUTTON "MARK COMPLETE" ALWAYS CLICK ON IT, THAT WAY WE KNOW YOU'VE READ IT.

FINALLY, MOVE ON TO THE NEXT TOPIC.